

TRAVEL PROPOSAL

Proposal for	The Hike Participants	Date	9 July 2019
Period	12 – 19 November 2019	Reference	HTCF1119
Group	2-8 people	Version	1/0
Rooms	Comfortable option	Status	Proposal

7 DAYS PROGRAM AROUND THE HIKE!

Combine the Hike with Ghana's main historical highlights along the coast



Do you like to combine The Hike with visiting the historical highlight in Accra combined with some tropical beach life and lush nature? Check out this travel proposal designed for participants of The Hike. Is this not exactly where you are looking? Do you like to arrange only part of your stay or prefer a budget option? Please feel free to provide us with your comments and wishes so we can adapt it to make it perfect.

Thank you for joining The Hike and considering travelling with us!



ITINERARY & TRIP DESCRIPTION



Tuesday 12 November 2019

DAY 1

Arrival Accra



30 minutes

Welcome to Ghana. Arrival at the airport and meet your driver outside the arrival hall. He will hold a placard with your name and drives you to your hotel for check-in. Inform the driver of you like to visit a restaurant for a drink or late diner.



High Gate Hotel



<https://www.highgatehotelghana.com>



Comfortable double rooms



Think of a 2 or 3 star mid range accommodation with a personal touch. A comfortable, owner run place that is well maintained (although a gecko-free room can never be guaranteed in West Africa). Expect a pleasant, personal atmosphere, attention to detail, AC and a restaurant on site.



Wednesday 13 June 2019

DAY 2

Accra > Elmina



4 hours

Meet the driver after breakfast (8 am) and head out to the Central Region. Visit the Ga coffin workshop along the road, where you can see talented carpenters creating figurative coffins. These are designed to represent an aspect of the deceased person's life; for example, coffins in the shape of a mini bus, a beer bottle or fish.

Elmina is your main destination today. Most visitors come to Elmina for St George's Castle, also called Elmina Castle. This monument, recognized by UNESCO as a World Heritage Site, was erected by the Portuguese in 1482.

It was the first trading post built on the Gulf of Guinea and is the oldest European building in Sub-Saharan Africa. The castle was in Dutch hands for over two centuries and is now maintained as a historical monument and museum.

Combine a visit to the castle with a historical walk exploring the old colonial neighbourhoods of Elmina. The tour offers in-depth information on the economic, political, historical and cultural aspects of Elmina. On this town walk, we discover the archaeological site of old Elmina, the Mpoben Fish Market, the 19th Century Merchant Houses where prosperous Dutch Merchants lived. We will also visit the Dutch Cemetery with its imposing Mausoleum and grave markers, which tell the stories of European and African celebrities, as well as canons of redoubts, which fortified the



town from external attacks.

And ultimately, we will visit “Asafo posuban” traditional military posts and explain the philosophies behind their totems.

To end the day on a positive note, we love taking our guests to the environmentally aware Dutch owned Ko-Sa Beach Resort. It sits right at one of the most beautiful and safe for swimming beaches of Ghana.



Ko-Sa Beach Resort



<https://www.ko-sa.com/>



Mid-range double rooms



Imagine a natural, spacious area that offers plenty of opportunities to relax or enjoy waterfront activities. Not a luxury, high-end place, but a comfortable spot to sip from a fresh coconut and spend a couple of nights at the start or end of your trip. Expect a place that is in touch with nature, offering friendly service and international and local dishes in a comfortable setting.



Thursday 14 November 2019

DAY 3

The Kakum Canopy Walk



2 hours

Enjoy a leisure breakfast and continue to Kakum National Park, a tropical forest reserve with an immense diversity of animals and plants. At this popular wildlife destination, you can enjoy an adventurous canopy walk; seven treetops are connected by a 350 meters long suspended walkway, 40 meters above the ground.

Pass through Cape Coast on the way back to Ko-Sa. During the colonial era, Cape Coast castle was one of the largest slave-holding sites in the world. Nowadays, the solid fortress is a World Heritage Site. The small city of Cape Coast is pleasant to explore on foot. Its old town centre with Victorian-era buildings and attractive fishing port give the city a unique character. Have a brush with a coastal fishing community; see the many colourfully painted canoes with their flags, fish processing and fishing gear mending.

If you wish, take a hands-on workshop at Global Mamas; all people involved work together to create a life of prosperity for African women and their families. The Global Mamas are mothers, wives, grandmothers, sisters, talented entrepreneurs and leaders in their communities. They create and sell handmade products of the highest quality. Meet the strong women who are part of the Global Mamas community when you join the hands-on activities such as batiking, drumming and dancing, and cooking. Create your own two yards of traditional batik fabric, experience West African drumming and dancing in an outdoor setting or create African traditional dishes in Esi's kitchen. Whichever you choose to join, your participation will directly contribute to the empowerment of the women involved.

Return to the beach for a relaxing evening.



Ko-Sa Beach Resort



<https://www.ko-sa.com/>





Friday 15 November 2019

DAY 4

Elmina > Accra



4 hours

Spend some more time at this beautiful beach. Enjoy a walking tour along the beach and to the nearby fishing community or an eco-friendly activity involving sea turtle conservation.

Drive back to Accra and prepare for the meeting with the participants of The Hike at the residence of the Dutch Ambassador.



High Gate Hotel



<https://www.highgatehotelghana.com>



Saturday 16/ Sunday 17 November 2019

The Hike

Join The Hike!



Sunday 17 November 2019

DAY 5

Evening transfer to Hillburi



1 hour

Your driver will meet you after the end of The Hike. This will probably be at the Dutch Ambassador's Residence.

Drive to a beautiful resort in Aburi, the hills in the outskirts of Accra. Enjoy the nature and indulge in the luxury of this natural resort.



Hillburi



<https://hillburi.com/>



Standard Double Rooms



Think about a boutique hotel to treat yourself at the end of the trip. A place that offers plenty of opportunities to relax. Expect excellent amenities, high-end service, tasteful decoration and sublime cuisine in a beautiful cosy setting.





Monday 18 November 2019

DAY 5

Relaxing & Accra Highlights

 1 hour

Spend the morning relaxing at Hillbury.

If you wish, explore Ghana's capital; a bustling metropolis home to an interesting mix of neighbourhoods and highlights before departure. Visit Independence Square and Kwame Nkrumah Memorial Park; the final resting place of Ghana's first president. After these landmarks, wander through the colourful and lively Makola Market. Our guides always like to stop at a drinking spot; an ideal place to observe street life over a refreshing drink. From there you can continue to the old colonial neighbourhoods James Town and Usher Town, an interesting area to explore on foot. Visit the old fishing harbour and go up the Jamestown Lighthouse for a nice view. Additionally, stop by the Artist Alliance Gallery, where you will find everything from traditional craftwork to modern art. Expect vintage Kente cloth, elaborate woodcarving and colourful beads, as well as cosmopolitan paintings and installation art.

Check in and departure

Other optional activities



Fair Shopping Tour

End the day with a fair shopping tour to find the best socially conscious gifts for your friends, family or as a treat for yourself. Check out Jolinaiko's favourites: Whether you are looking for hand batiked clothes, recycled glass bead jewellery or organic fair-trade beauty products, a visit to Global Mamas will not disappoint. The social enterprise of Trashy Bags creates recycled eco-friendly bags and gifts from plastic trash. You can even visit them at the factory showroom to purchase products at factory prices, have a tour of the factory and meet the workers.

At Wild Gecko the aim is to develop local artisanal skills towards adapting and developing traditional products to meet new demands. Here you will find handcrafted furniture, jewellery, clothing and household decorations like picture frames and stationary.

The Center for National Culture, also known as the Arts Center is the biggest crafts market in Ghana. Several stalls sell a wide variety of arts and crafts such as masks, trinkets, kente clothes, beads and necklaces from Ghana and neighbouring countries. Sun Trade Beads encourages and enables further education of employees without discrimination to gender, religion, ethnicity or physical ability. The reason they sell their beautiful beads is to promote Ghanaian culture and provide employment with fair wages.



TRIP COSTS

The price for this proposed trip is as follows:

Travel Proposal	Currency	Price pp
Cost of the tour package for 2-8 people	Euro	620-450

Price Includes	<ul style="list-style-type: none"> - Airport transfer day 1 & day 7 - 3 days rental 4x4 with professional driver/guide (1-3 people) or mini-van with driver AND guide (4-8 people) - Accommodation – double room with breakfast - Activities as mentioned - Unlimited water (Please bring refill bottle) - Fuel and toll - Booking fee
Included Activities	<ul style="list-style-type: none"> - Visit Coffin Gallery - Visit St George Castle and Elmina Township - Kakum National Park (Entrance and canopy walk only)
Not Included	<ul style="list-style-type: none"> - Other excursions and activities mentioned - Food and beverages except from breakfast - Early check-in or late check-out unless otherwise stated in the itinerary - Souvenirs, tips and other personal expenses
Please Note	<ul style="list-style-type: none"> - Keep in mind that flexibility is important while travelling in West Africa. The Jolinaiko team will do their utmost best to offer a memorable trip according to our agreement, however some aspects are beyond our control. Think about unexpected electric power outages, shortage of (warm) water or other challenges you might encounter. - Kindly discuss with the driver your lunch expectations with regards to the timing and type of meal each day. If you like to eat at a typical local restaurant, please let the driver know.
Payment and Conditions	<ul style="list-style-type: none"> - After your booking, we will send you an invoice and kindly request that you pay the full amount in our bank account in Ghana before the tour starts. - Before booking, please read our Booking Terms and Conditions which apply to all our tours and services: http://www.joli-ecotours.com/terms

